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THE ADMINISTRATION OF UNION TERRITORY OF LADAKH
LADAKH AUTONOMOUS HILL DEVELOPMENT COUNCIL KARGIL
OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE
KARGIL (LADAKH)
NAAC ACCREDITED "B"

======(0-0-0-0-0-0-0)====

The Chief Medical Officer
Kargil.

No:-GDC-K/Deputation-Nurse/2022/१३२५

Dated: - 27/06/2022

Subject: - Deputation of Psychiatric Nurse at Govt. Degree College Kargil.

Sir,

Kindly refer to the above. The Psychology Department of Government Degree College kargil is going to organize One week work shop on mental health issues like emotional and Psychological problems exclusively for female students. Since they feel hesitation to share their issues and problems with their Teachers due to ethical issues and social stigmas. In this regard I would like to request your kind self to depute a Psychiatric Nurse at Govt. Degree College Kargil with effect from 04-07-2022 to 10-07-2022.

With regards,

Yours faithfully,

(Prof. Saleem Ahmad)
I/c Principal
Govt. Degree College
Kargil (Ladakh)

Copy for information to the:-

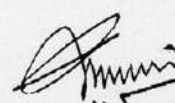
1. Deputy Commissioner/CEO, LAHDC, Kargil.
2. Director College Affairs University of Ladakh.
3. Office file for record



THE ADMINISTRATION OF UNION TERRITORY OF LADAKH
Ladakh Autonomous Hill Development Council
Office of the Medical Superintendent District Hospital Kargil Ladakh

ORDER

In reference to I/C Principal Govt. Degree College Kargil (Ladakh) letter No. GDC-K/Deputation-Nurse/2022/ 4325 date 27-06-2022. The Psychology Department of Government Degree College Kargil is going to organize one week work shop w.e.f 04/07/2022 to 10/07/2022 on mental health issues like emotional and psychological problems exclusively for female students since they feel hesitation to share their issues and problems with their teachers due to ethical issues and social stigmas. In this regard Smt. Syeeda Banoo Psychiatric Nurse District Hospital Kargil is hereby deputed at Govt. Degree College Kargil for the said workshop on above mentioned scheduled date. She is directed to report principal Govt. degree college Kargil on 04-07-2022.


(Dr. K. Liyaqat All Khan)
Medical Superintendent
District Hospital Kargil
Date: -06-2022.

No: MS-DHK/Psy-workshop/2022/

Copy to:

01. Dy. Commissioner/CEO LAHDC Kargil for information.
02. Director Health services UT Ladakh for information.
03. Principal Govt. Degree college Kargil for information.
04. Chief Medical Officer Kargil for information.
05. Nodal Officer Mental Health District Hospital Kargil for information.
06. Smt. Syeeda Banoo Psychiatric Nurse District Hospital Kargil for compliance.



THE ADMINISTRATION OF UNION TERRITORY OF LADAKH
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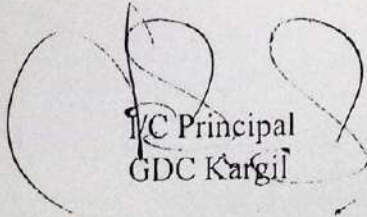


Date:-09/07/2022

NO:- G.D.C.K/E.S.H.

TO WHOM MAY IT CONCERN

Miss Sayeeda Banoo Psychiatric Nurse from District Hospital Kargil has reported to Govt Degree College Kargil w.e.f 04/07/2022 to 09/07/2022 as a resource person for seven days workshop on mental health exclusively for female students. During the above said period, she has actively participated in the workshop and her work is found to be satisfactory. Her (06) days attendance is being verified by the HOD Psychology department of this college.


J/C Principal
GDC Kargil



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27 June 2022 at 14:21 ·

PRESS RELEASE

GDC Kargil observes International Day Against Drug Abuse and Illicit Drug Trafficking
KARGIL, JUNE 27, 2022:

NSS Unit, GDC Kargil today organized the International Day Against Drug Trafficking and Illicit Drug Trafficking in collaboration with Narcotic Cell of the District Police Department.

Sub Inspector, Tsering Nawang, Incharge Narcotic Cell, Police Department was the key speaker on the occasion. The two day long program comprised poster making, debate competition and a talk by guest speaker in which students of the college participated.

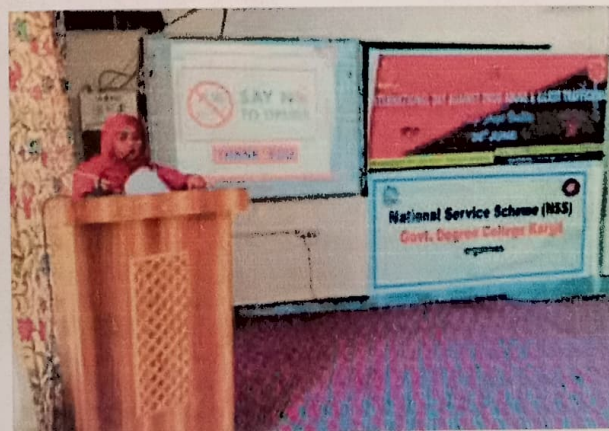
In his address, Tsering Nawang threw light on the scenario of drug abuse in Kargil through power point presentation. He informed in detail about different kinds of drugs and illicit substances in the context of Ladakh region. He also talked about the ill effects of drugs and drug abuse on individual and social health.

Incharge Principal GDC Kargil, Saleem Ahmad (Sr. Assistant Professor) also presented his thoughts regarding the day. He said the drug usage by an individual makes his/her whole family suffer.

In the end, prizes were distributed among winners of poster making and debate competitions. In the poster making competition, Hakima Tabassum, Ghulam Mehdi and Zahra Batool (5th semester students) bagged first, second and third positions respectively.

Among the participants of the debate competition, Shehnaz Fatima (5th Semester), Kaneez Fatima (3rd semester) and Zakir Hussain (5th semester) were awarded first, second and third positions respectively.

Taira Bano, Assistant Professor (English) was the judge of the competitions. The event concluded with vote of thanks by Archo Fatima Nisa, Assistant Professor (English). The proceedings of the event were conducted by Parveen Fatima, Assistant Professor (English).



Govt. Degree College Kargil

NSS Unit Activity Report

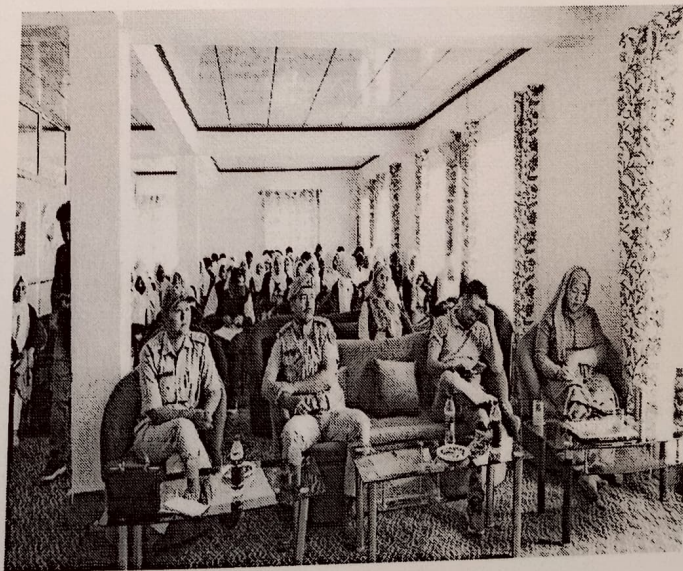
2022-23

International Day Against Drug Abuse and Illicit Trafficking

Dated 27/06/2022

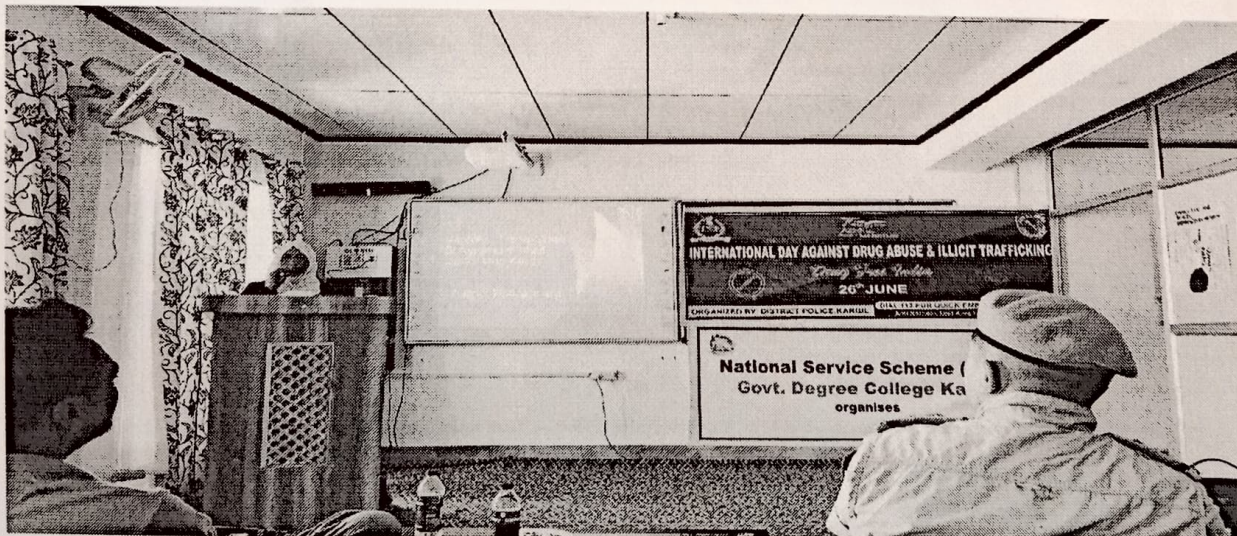
International Day Against Drug Trafficking and Illicit Drug Trafficking was observed by NSS Unit of GDC Kargil in collaboration with the Narcotic Cell of the District Police Department on June 27.

It was a two-day long program which comprised of poster making, a debate competition, and a talk by a guest speaker in which students of the college participated. Sub Inspector, Tsering Nawang, Incharge of Narcotic Cell, Police Department spoke about the scenario of drug abuse in Kargil through power point presentation. He informed in detail about different kinds of drugs and illicit substances in the context of the Ladakh region. He also talked about the ill effects of drugs and drug abuse on individual and social health.



Incharge Principal GDC Kargil, Saleem Ahmad (Sr. Assistant Professor) also presented their thoughts regarding the day. He said drug usage by an individual makes his/her whole family suffers. After the culmination of the programme, prizes were distributed among the winners of poster-making and debate competitions. In poster making competition, Hakima Tabassum,

Ghulam Mehdi, and Zahra Batool (5th-semester students) bagged first, second and third positions respectively. Among the participants of the debate competition, Shehnaz Fatima (5th Semester), Kaneez Fatima (3rd semester), and Zakir Hussain (5th semester) were awarded first, second and third positions respectively.



Ms Taira Bano (Assistant Professor English) acted as the judge of the competitions. The proceedings of the programme were conducted by Ms Parveen Fatima (Programme Officer NSS) and Ms Archo Fatima Nissa (Assistant Professor) presented the vote of thanks.

File
Tel. No.
19/7

The Principal

Dated 19th July 2022

Government Degree College

Kargil

Subject:- vaccination drive for students and staff members.

Respected Ma'am

With reference to the subject cited above, History, UBA and Psychology department is going to organize a vaccination drive (booster shots) in collaboration with district hospital kargil for the students and staff members of govt degree college kargil under the aegis **AZADI KA AMRUT MAHA UTSAV**. In this regard we would like to request your kind self to depute one male and two female non-teaching staff members on **25-07-2022** to conduct the program.

Yours faithfully

HOD

Department of History, PI UBA & Psychology

Government Degree College Kargil

office
copy

VACCINATION DRIVE FOR STUDENTS AND STAFF MEMBERS

PROGRAM REPORT

History, Unnat Bharat Abhiyaan and Department of Psychology organized vaccination drive (booster shot) at Govt Degree College Kargil.

The program started with a welcome note by Mr. Gulzar Husaain. Principal Investigator Unnat Bharat Abhiyaan and HOD Department of History. Dr. Mohammad Jaleel District Immunization officer spoke on the importance of the vaccination drive. He also emphasizes the preventive measures for the spread of the Covid-Virus, like social distancing wearing of mask and vaccination. A team of medical experts came from the district hospital Kargil started the vaccination while student and faculty members actively seized that booster shots. In charge principal Govt Degree College Kargil and the head of the English department also grace the program with their presence. In total more than 50 individual includes of students and staff members have been vaccinated. The whole program was coordinated by Dr. Syed Ali Shah Assistant Professor and Coordinator department of Psychology.



Program Coordinator

List of students whom participated in vaccination drive (Booster Shot)

1. MASOOMA MAHDI
2. MAQSUMA ANJUM
3. Mohammad Hassnain
4. Ghulam Mustafa
5. AMINA BANOO
6. FATIMA BANOO
7. Mehmooda banoo
8. Archo maqsuma
9. GHULAM RASOOL
10. Salima Banoo
11. IRFAN HUSSAIN
12. MUBARRAK HUSSAIN
13. Farida banoo
14. RUKSANA BATOOL
15. Kharun nissa
16. Anwar ali
17. SUDIQA BANOO
18. Anayat ali
19. Sabika batool
20. Mahmooda banoo
21. fatima banoo
22. ZAKIR HUSSAIN
23. Sakina Banoo
24. TASHI SPALZES
25. Zarina Batool
26. Kulsum Banoo
27. NIGAR BANOO
28. Nawaz Ali
29. FEEROZ HUSSAIN
30. MOHD RIYAZ
31. NARGIS BANOO
32. SKINDER ALI
33. Mohd Hussain
34. KHAIRUN NISSA
35. FATIMA BANOO
36. BANINE FATIMA
37. Zarina Batool
38. ZULFIKAR ALI SHABANI
39. BATOOL BEGUM
40. FATIMA ZAHRA



नेहरू युवा केन्द्र कारगिल

NEHRU YUYA KENDRA KARGIL

युवा कार्यक्रम एवं खेल मंत्रालय
भारत सरकार

Ministry of Youth Affairs & Sports
Government of India



Ref. No.: NYK/DYC/KGLI/2022-23/39

Dated: 30.09.22

To
NSS Coordinator
GDC Kargil

Subject – regarding the organization of clean India Program. 2.0

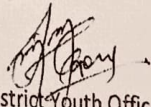
Sir

Apropos to the subject cited above, it is to inform you that Nehru Yuva Kendra Kargil is going to organize a cleanliness drive under clean India 2.0, with a aims to prepare the citizen of India for Amrita kraal not by just cleaning their houses but cleaning their surrounding also, on 01-02-2023. The cleanliness drive will be start form TV station Market.

In this regard you are requested to kindly collaborate with NYK Kargil in this cleanliness drive to make it successful. It will be highly appreciated if you could collaborate with us.

Thank you in anticipation.

Regards

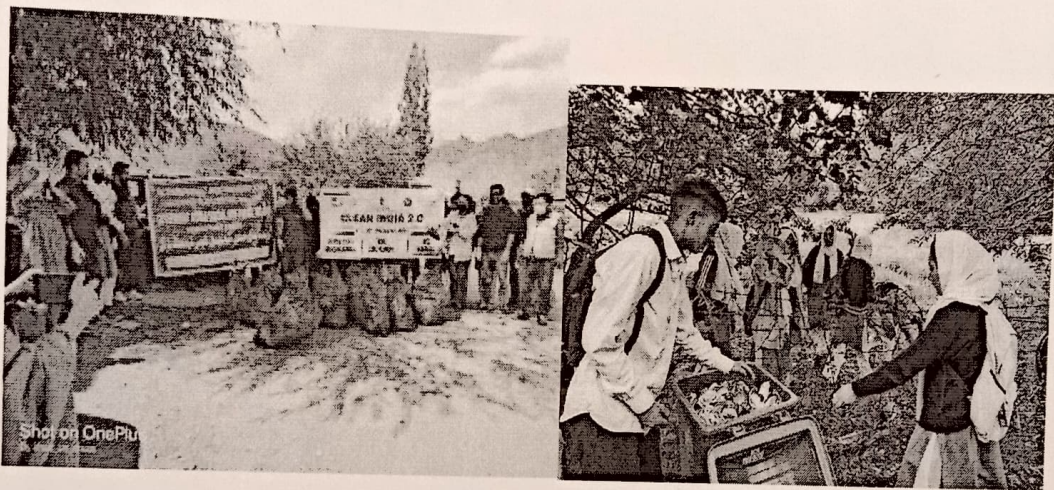

District Youth Officer
Nehru Yuva Kendra Kargil

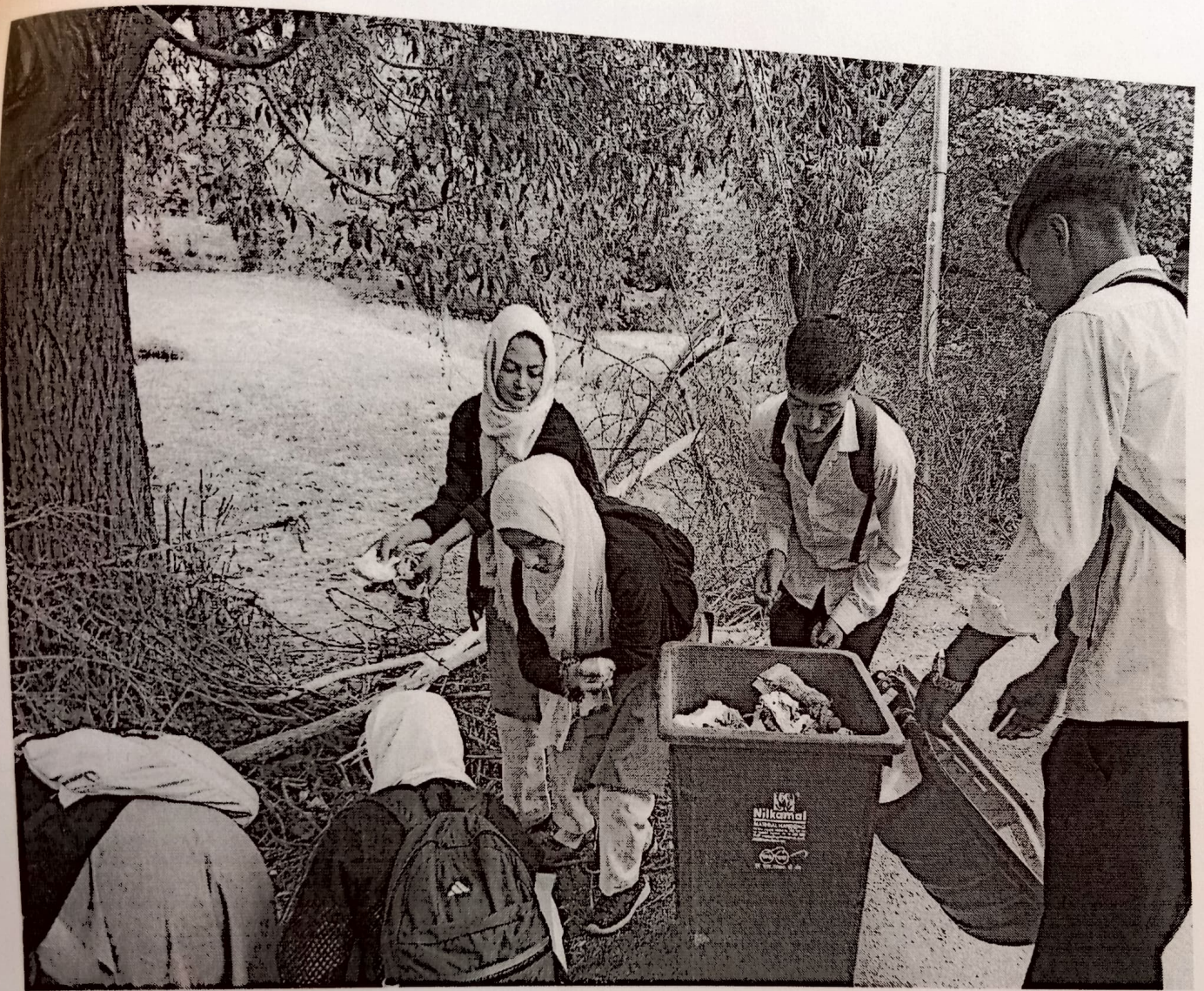
Activity: Clean India 2.0 Campaign

Dated- 01/10/2022

Nehru Yuva Kendra (NYK) Kargil in collaboration with NSS GDC Kargil and MC Kargil, today formally launched the clean India 2.0 campaign in Kargil.

The campaign is schedule to run throughout the month of October 2022. It aims to prepare the citizen of India for Amrit Kaal not by just cleaning their houses and surroundings, but also by cleansing their minds of all the hatred, doubts, and others negative thoughts.





Mohd Hassan, NSS Program Officer, GDC Kargil briefed the participants about the clean India program and enlightened them about the importance of cleanliness. While addressing the participants Jigmat Spaldon, District Youth Officer, NYK Kargil briefed the participants about the ill effects of plastic and appealed them to stop using single use of plastic. Swachhata pledge was also administered by Jigmat Spaldon.

After the briefing about the program, a cleanliness drive was conducted at Govt. Middle School New Tumail Colony and its surroundings, TV station market and on highway side. Single use of plastic was collected by NSS Volunteers, NYKS volunteers, MC Kargil sweepers and students of Govt. Middle School New Tumail Colony.



केंद्र शासित प्रदेश लद्दाख का प्रशासन
Administration of Union Territory of Ladakh

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NYK Kargil launches clean India 2.0 campaign

PUBLISH DATE: 3 October, 2022



Kargil, OCTOBER 01, 2022: Nehru Yuva Kendra (NYK) Kargil in collaboration with NSS GDC Kargil and MC Kargil, today formally launched the clean India 2.0 campaign in Kargil.

The campaign is schedule to run through out the month of October 2022. It aims to prepare the citizen of India for Amrit Kaal not by just cleaning their houses and surroundings, but also by cleansing their minds of all the hatred, doubts and others negative thoughts.

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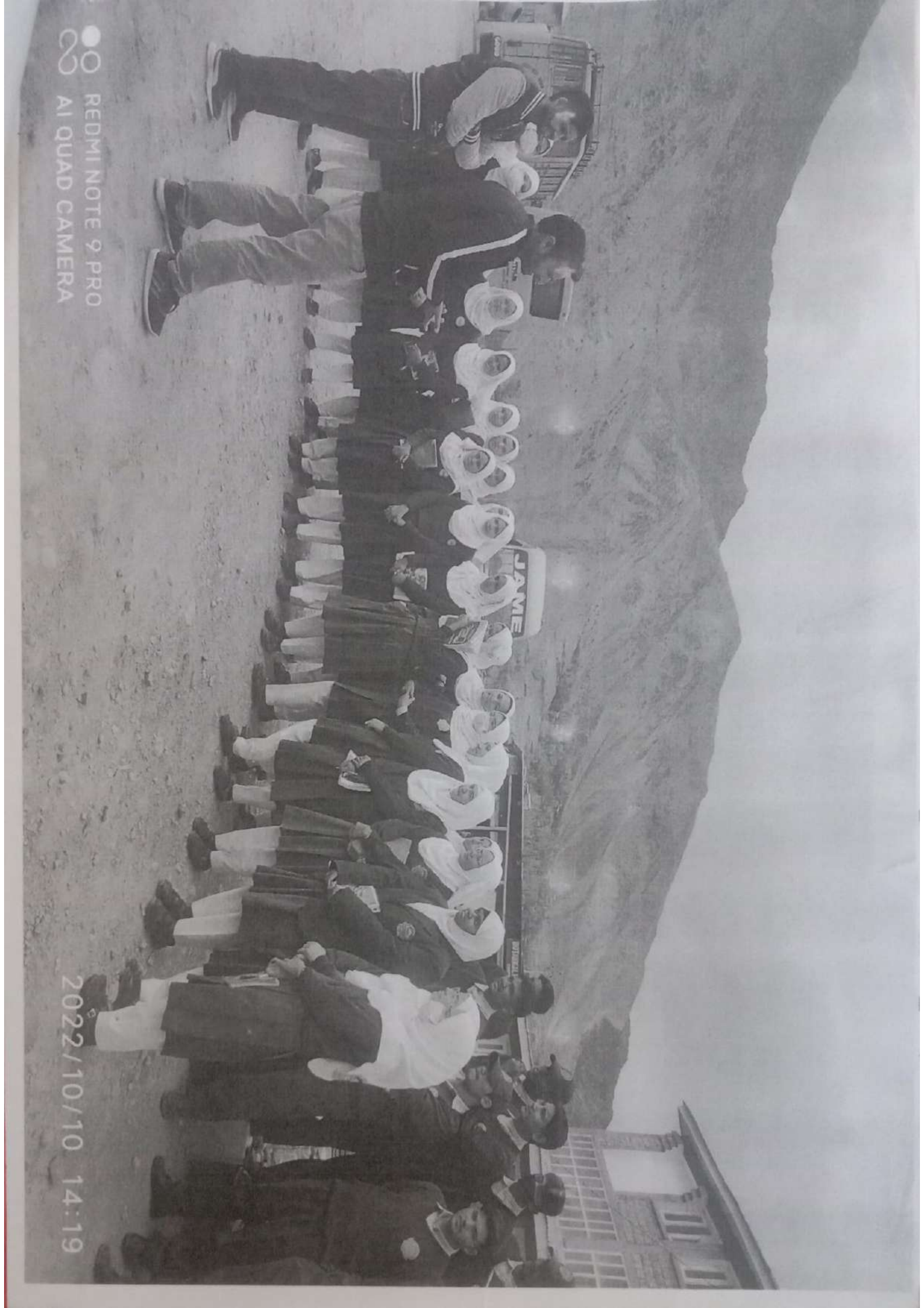
ADMINISTRATION OF UNION TERRITORY OF LADAKH
Department of Environmental Science
Govt. Degree College, Kargil.

Date: 10-10-2022

*Day: Monday

Govt. Degree College Kargil organized a program in view of ***World Mental Health Day*** in collaboration with **District Legal Services Authority Kargil** on Monday, October 10, 2022. Hon'ble Judge, secretary DLSA Kargil was the chief guest at the event and students of Jaffaria Academy of Modern Education Kargil too visited the event and took keen participation in the program. Students from GDC Kargil and Jaffaria Academy spoke on different issues on Mental Health and the Chief Guest highlighted many things regarding the pertinent subject including the laws and rights of people suffering from mental health issues. Furthermore, the certificates were distributed among the participants. Sajad Hussain Assistant Prof Environmental Science GDCK, presented the Vote of Thanks to the Chief Guest and all the visitors on the event. The event was preceded by Faiza Naaz, student of GDC Kargil. A counseling session was conducted for the Students of Jaffaria Academy by Mr Sajad Hussain, Assistant Prof Environmental Science GDCK. Students said that they were informed about various important things regarding Mental Health and also the various scopes of Environmental Sciences as a good career option and thanked the program organizer for organizing such a fruitful session.





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2022/10/10 14:19



**GOVT. DEGREE COLLEGE,
KARGIL**

IS OBSERVING

MENTAL HEALTH DAY

IN COLLABORATION WITH

DISTRICT LEGAL SERVICES AUTHORITY, KARGIL

10

ON

**"MENTAL HEALTH IN AN UNEQUAL
WORLD"**

OCTOBER, 2022



19 of 21

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GDC Kargil holds cleanliness drive

3/19/2023 11:48:34 AM

Kargil, March 18 (Scoop News)-The NSS and NCC Units of Govt. Degree College Kargil under the patronage of Principal Dr Amina Quari today conducted a cleanliness drive under the ongoing celebrations of G-20 Summit and Azadi Ka Amrit Mahotsav in the college premises.

Scores of students along with NSS and NCC volunteers and faculty members participated in the event. During the drive, students used dustbins to clean the college premises and its surroundings. They also collected trash and dumped it in the bins.

The drive was organized to aware students about the importance of cleanliness. The drive was meant to kick start the current session with a neat and clean campus. Workers of Municipal Committee Kargil also participated in the drive.

NSS and NCC coordinators thanked the faculty members and students for their active participation and for the successful execution of the event.

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Activity : Cleanliness Drive

Dated- 18/03/2023

The NSS and NCC Units of Govt. Degree College Kargil under the patronage of Principal Dr Amina Quari today conducted a cleanliness drive under the ongoing celebrations of G-20 Summit and Azadi Ka Amrit Mahotsav in the college premises. Scores of students along with NSS and NCC volunteers and faculty members participated in the event. During the drive, students used dustbins to clean the college premises and its surroundings. They also collected trash and dumped it in the bins.



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NSS and NCC coordinators thanked the faculty members and students for their active participation and for the successful execution of the event.

Report Compiled By:

NSS Programme Coordinators

Archo Fatima Nissa, Mohd Hassan

Submitted for Approval

Principal GDC Kargil